

FINE MOTOR CLASSROOM SUPPORTS

Fine motor difficulties can include:

- Poor grasp with school tools (pencils, crayons, scissors)
- Hand fatigue/Limited endurance for fine motor activities and handwriting
- Decreased Handwriting legibility
- Poor fine motor coordination
- Difficulties with bilateral (both hands) activities and self help skills

Some things that may help:

- Left-handed Scissors for Lefties
- Pencil Grip
- Short Crayons/Pencils
- Alphabet Chart with Construction Arrows (UC/LC)
- Binder/Vertical Surface (for proper wrist position and grasp)
- Support Under Feet
- Dycem
- Writing Spacer (popsicle stick, paper clip, finger)
- Chair or wall Push-Ups, crab walks, bear walks, wheelbarrow walks (for shoulder and hand development)
- Highlighted or Bold Lined Paper
- Paper Type
 - Single Lined Paper
 - 3 Lined Paper (1st/2nd Grade)
 - 2 Lined Notebook Paper (3rd Grade and Up)
 - Graph Paper (large, small boxes)